

# SOUTHWEST BREAST & AESTHETICS

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POST-OP MEDICATION LIST - PRESCRIPTION & OVER THE COUNTER LOG							
Medication	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>***Record time of last dose in boxes below</b>	Date / /2021						
<p><b><i>ibuprofen***</i></b>                      (Advil, Motrin)</p> <p><i>If prescription:</i>                      800mg oral tablet                      Take 1 tablet (800mg) every 8 hours for 5 days</p> <p>OR</p> <p><i>If over the counter:</i>                      200mg oral tablet                      Take 4, 200mg tablets (4 tablets = 800mg) every 8 hours for 5 days</p>							
<p><b><i>acetaminophen***</i></b>                      (Tylenol Extra Strength)</p> <p>500mg oral tablet</p> <p>Take 2 tablets by mouth (500mg x 2 tablets = 1000mg = 1 gram) every 8 hours for 3 days</p>							
<p><b><i>gabapentin</i></b>                      (Neurontin)</p> <p>100mg oral capsule</p>							

Take 2 capsules by mouth every 8 hours for 3 days							
<b>POST-OP MEDICATION LIST - PRESCRIPTION &amp; OVER THE COUNTER RECORD FORM</b>							
<b>Medication</b>	<b>Sunday</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>	<b>Saturday</b>
<b>***Record time of last dose in boxes below</b>	Date / /2021	Date / /2021	Date / /2021	Date / /2021	Date / /2021	Date / /2021	Date / /2021
<b>oxycodone</b> (Narcotic)  5mg oral tablet  Take 1 tablet by mouth every 4-6 hours							
<b>Flexeril</b> (muscle spasms)  5mg oral tablet  Take 1 tablet by mouth q 8 hours for muscle spasms							
<b>Clindamycin</b> (antibiotic)  300mg oral tablet  Take 3 times a day for 7 days							
<b>docusate sodium or Senna***</b> (Colace or Senokot)  100mg oral capsule  Take 1-2 capsule by mouth every 12 hours until regular bowel movements							

**\*\*\*These are over the counter medications**