

SOUTHWEST BREAST & AESTHETICS

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POST-OP MEDICATION LIST - PRESCRIPTION & OVER THE COUNTER LOG							
Medication	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
***Record time of last dose in boxes below	Date / /2021	Date / /2021	Date / /2021	Date / /2021	Date / /2021	Date / /2021	Date / /2021
<p><i>ibuprofen***</i> (Advil, Motrin)</p> <p><i>If prescription:</i> 800mg oral tablet Take 1 tablet (800mg) every 8 hours for 5 days</p> <p>OR</p> <p><i>If over the counter:</i> 200mg oral tablet Take 4, 200mg tablets (4 tablets = 800mg) every 8 hours for 5 days</p>							
<p><i>acetaminophen***</i> (Tylenol Extra Strength)</p> <p>500mg oral tablet</p> <p>Take 2 tablets by mouth (500mg x 2 tablets = 1000mg = 1 gram) every 8 hours for 3 days</p>							
<p><i>gabapentin</i> (Neurontin)</p> <p>100mg oral capsule</p>							

Take 2 capsules by mouth every 8 hours for 3 days							
POST-OP MEDICATION LIST - PRESCRIPTION & OVER THE COUNTER RECORD FORM							
Medication	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
***Record time of last dose in boxes below	Date / /2021	Date / /2021	Date / /2021	Date / /2021	Date / /2021	Date / /2021	Date / /2021
oxycodone (Narcotic) 5mg oral tablet Take 1 tablet by mouth every 4-6 hours							
Clindamycin or Keflex (Antibiotic) 300mg tablet or 500mg Clindamycin -- Take 1 tablet 3 times a day for 7 days Keflex -- Take 1 tablet 2 times daily for 5 days							
cyclobenzaprine (Flexeril) 5mg oral tablet Take 1 tablet by mouth every 8 hours as needed							
docusate sodium or Senna*** (Colace or Senokot) 100mg oral capsule Take 1-2 capsule by mouth every 12							

hours until regular bowel movements							
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*****These are over the counter medications**