

# SOUTHWEST BREAST & AESTHETICS

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POST-OP MEDICATION LIST - PRESCRIPTION & OVER THE COUNTER LOG							
Medication	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>***Record time of last dose</b>	Date	Date	Date	Date	Date	Date	Date
<b><i>ibuprofen***</i></b> (Advil, Motrin)  <i>If prescription:</i> 800mg oral tablet Take 1 tablet (800mg) every 8 hours for 5 days OR <i>If over the counter:</i> 200mg oral tablet Take 4: 200mg tablets (4 tablets = 800mg) every 8 hours for 5 days							
<b><i>acetaminophen***</i></b> (Tylenol Extra Strength)  500mg oral tablet  Take 2 tablets by mouth (500mg x 2 tablets = 1000mg = 1 gram) every 8 hours for 3 days							
<b><i>gabapentin</i></b> (Neurontin)  100mg oral capsule Take 2 capsules by mouth every 8 hours for 3 days							

**POST-OP MEDICATION LIST - PRESCRIPTION & OVER THE COUNTER RECORD FORM**

<b>Medication</b>	<b>Sunday</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>	<b>Saturday</b>
<b>***Record time of last dose</b>	Date	Date	Date	Date	Date	Date	Date
<b>oxycodone</b> 5mg oral tablet Take 1 tablet by mouth every 4-6 hours							
<b>docusate sodium or Senna***</b> (Colace or senokot) 100mg oral capsule Take 1-2 capsule by mouth every 12 hours until regular bowel movements							

**\*\*\*These are over the counter medications**