

SOUTHWEST BREAST & AESTHETICS

Tim Matatov, MD • Joseph Zakhary, MD • Matthew Mino, MD

PHOENIX OFFICE:
 4550 E Bell Rd, Bldg 5 Suite 150
 Phoenix, AZ 85032
 T: (480)576-4310
 F: (480)576-4311

CHANDLER OFFICE:
 3377 S Price Rd, Suite E
 Chandler, AZ 85248
 T: (480)576-4300
 F: (480)576-4301

POST-OP MEDICATION LIST - PRESCRIPTION & OVER THE COUNTER RECORD FORM							
Medication	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
***Record time of last dose	Date	Date	Date	Date	Date	Date	Date
<p><i>ibuprofen***</i> (Advil, Motrin)</p> <p><i>If prescription:</i> 800mg oral tablet Take 1 tablet (800mg) every 8 hours for 5 days OR <i>If over the counter:</i> 200mg oral tablet Take 4, 200mg tablets (4 tablets = 800mg) every 8 hours for 5 days</p>							
<p><i>acetaminophen***</i> (Tylenol Extra Strength)</p> <p>500mg oral tablet</p> <p>Take 2 tablets by mouth (500mg x 2 tablets = 1000mg = 1 gram) every 8 hours for 3 days</p>							
<p><i>gabapentin</i> (Neurontin)</p> <p>100mg oral capsule Take 2 capsules by mouth every 8 hours for 3 days</p>							

POST-OP MEDICATION LIST - PRESCRIPTION & OVER THE COUNTER RECORD FORM

Medication	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
***Record time of last dose	Date	Date	Date	Date	Date	Date	Date
cyclobenzaprine (Flexeril) 5mg oral tablet Take 1 tablet by mouth every 8 hours as needed for 3 days							
oxycodone 5mg oral tablet Take 1 tablet by mouth every 4-6 hours							
enoxaparin (Lovenox) 40mg/0.4mL injectable solution per syringe Inject 1 syringe into thigh one time daily for 5 days							
<i>docosate sodium***</i> (Colace) 100mg oral capsule Take 1 capsule by mouth every 12 hours until regular bowel movements							

*****These are over the counter medications**