

SOUTHWEST BREAST & AESTHETICS

Tim Matatov, MD • Joseph Zakhary, MD • Matthew Mino, MD

PHOENIX OFFICE:
 4550 E Bell Rd, Bldg 5 Suite 150
 Phoenix, AZ 85032
 T: (480)576-4310
 F: (480)576-4311

CHANDLER OFFICE:
 3377 S Price Rd, Suite E
 Chandler, AZ 85248
 T: (480)576-4300
 F: (480)576-4301

POST-OP MEDICATION LIST - PRESCRIPTION & OVER THE COUNTER LOG							
Medication	Sunday	Monday	Tuesday	Wednesda y	Thursday	Friday	Saturday
***Record time of last dose	Date	Date	Date	Date	Date	Date	Date
<i>ibuprofen***</i> (Advil, Motrin) <i>If prescription:</i> 800mg oral tablet Take 1 tablet (800mg) every 8 hours for 5 days OR <i>If over the counter:</i> 200mg oral tablet Take 4, 200mg tablets (4 tablets = 800mg) every 8 hours for 5 days							
<i>acetaminophen***</i> (Tylenol Extra Strength) 500mg oral tablet Take 2 tablets by mouth (500mg x 2 tablets = 1000mg = 1 gram) every 8 hours for 3 days							
<i>gabapentin</i> (Neurontin) 100mg oral capsule Take 2 capsules by mouth every 8 hours for 3 days							

POST-OP MEDICATION LIST - PRESCRIPTION & OVER THE COUNTER RECORD FORM

Medication	Sunday	Monday	Tuesday	Wednesda y	Thursday	Friday	Saturday
***Record time of last dose	Date	Date	Date	Date	Date	Date	Date
oxycodone 5mg oral tablet Take 1 tablet by mouth every 4-6 hours							
cyclobenzaprine (Flexeril) 5mg oral tablet Take 1 tablet by mouth every 8 hours as needed							
Clindamycin vs Keflex (antibiotic) 300mg oral tablet vs 500mg oral Take 3 times a day for 7 days vs two times a day for 5 days							
<i>docusate sodium or Senna***</i> (Colace or Senokot) 100mg oral capsule Take 1-2 capsule by mouth every 12 hours until regular bowel movements							

*****These are over the counter medications**