

SOUTHWEST BREAST & AESTHETICS

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POST-OP MEDICATION LIST - PRESCRIPTION & OVER THE COUNTER LOG							
Medication	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
***Record time of last dose	Date	Date	Date	Date	Date	Date	Date
<p><i>ibuprofen</i>*** (Advil, Motrin)</p> <p><i>If prescription:</i> 800mg oral tablet Take 1 tablet (800mg) every 8 hours for 5 days</p> <p>OR</p> <p><i>If over the counter:</i> 200mg oral tablet Take 4, 200mg tablets (4 tablets = 800mg) every 8 hours for 5 days</p>							
<p><i>acetaminophen</i>*** (Tylenol Extra Strength)</p> <p>500mg oral tablet Take 2 tablets by mouth (500mg x 2 tablets = 1000mg = 1 gram) every 8 hours for 3 days</p>							
<p><i>oxycodone</i></p> <p>5mg oral tablet</p> <p>Take 1 tablet by mouth every 4-6 hours</p>							
POST-OP MEDICATION LIST - PRESCRIPTION & OVER THE COUNTER RECORD FORM							

Medication	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
***Record time of last dose	Date	Date	Date	Date	Date	Date	Date
<i>Clindamycin vs Keflex</i> (antibiotic) 300mg oral tablet vs 500mg oral Take 3 times a day for 7 days vs two times a day for 5 days							
<i>docusate sodium or Senna***</i> (Colace or Senokot) 100mg oral capsule Take 1-2 capsule by mouth every 12 hours until regular bowel movements							

*****These are over the counter medications**